

Calendar plan for practical hygiene classes for English-speaking 2nd year students of the Faculty of Medicine (spring semester 2025-2026 academic year)

Topic of the lesson	groups			
	L/a 201	L/a 202	L/a 203	L/a 204 L/a 205
1. Hygienic study and assessment of air denaturation in medical organizations.	27.01	29.01	30.01	29.01
2. Hygienic assessment of the physical properties of air in medical organizations and residential premises.	03.02	05.02	06.02	05.02
3. Hygienic assessment of insolation regime, natural and artificial lighting.	10.02	12.02	13.02	12.02
4. Hygienic assessment of water quality based on the results of organoleptic and physicochemical studies.	17.02	19.02	20.02	19.02
5. Methods for improving water quality. Coagulation, chlorination of water.	24.02	26.02	27.02	26.02
6. Modern methods for assessing rational human nutrition using the example of analysis of the daily diet. Adjusting your diet. Nutritional status as an indicator of health. Correction of individual nutrition taking into account the student's anthropometric data.	03.03.	05.03	06.03	05.03
7. Sanitary and hygienic assessment of food quality. Methods, instruments and indicators for assessing the quality of milk.	10.03	12.03	13.03	12.03
8. Xenobiotics in food. Calculation of their allowable daily intake (ADI).	17.03	19.03	20.03	19.03
9. Procedure for investigating cases of food poisoning. Sanitary and hygienic requirements for OOP	24.03	26.03	27.03	26.03
10. Basics of hospital hygiene. Hygienic assessment of projects of medical organizations (MO). General requirements for ensuring the quality of the hospital environment (layout, interior decoration, lighting, ventilation, microclimate, arrangement of equipment).	31.03	02.04	03.04	02.04
11. Factors in the working environment affecting the health of medical workers.	07.04	09.04	10.04	09.04
12. Basics of determining the health status of children and adolescents. Research and assessment of the physical development of children and adolescents.	14.04	16.04	17.04	16.04
13. Sanitary and hygienic requirements for the location, structure and equipment of the school	21.04	23.04	24.04	23.04
14. General patterns of action of industrial poisons. Fundamentals of hygienic regulation. Basics of sanitary and dosimetric quality control of environmental objects.	28.04	30.04	01.05	30.04
15. Occupational hazards of a chemical nature. Effect on the body, prevention. Occupational hazards of a physical nature. The effect of noise on the body.	05.05	07.05	08.05	07.05
16. Current issues of tropical hygiene	12.05	14.05	15.05	14.05

Head of the department, associate professor

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